



2010 Lifesaving Championships First Aid, Patrol, IRB

Saturday 14th & Sunday 15th August 2010

ATTENTION Club Captain / Club Director of Competition

Date 23 June 2010

Emailed to Club Captain / Club Director of Competition
SLSNT Director of Competition
SLSNT Director of Lifesaving

SLSNT Contact Tony Snelling, CEO. Ph 8985 6588 or email
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Summary of this circular:	Action required
<p>The Lifesaving Events of the 2010 SLSNT Championships will be conducted in Darwin on 14th- 15th August, 2010.</p> <p>The events are:</p> <ol style="list-style-type: none">1. Open Patrol Championship2. Open First Aid Championship3. Open IRB Tube Rescue Championship4. IRB Mass Rescue Championship <p>A major change for 2010 is that the Lifesaving events are contested by a club team of no more than 10 members. The team must comprise at least two females and two U17 members. Clubs can enter multiple teams.</p> <p>All other Junior and Senior Events for the Championships will be held in Darwin on 25-26 September, 2010.</p>	<ol style="list-style-type: none">1. Start training!2. Submit entries on-line for the Lifesaving Championship events on or before - Friday 6th August, 2010 at 5.00 pm.3 Don't forget to bring swim fins for the Board/Tube Relay of the Patrol Comp!

**DATES & VENUES**

The 2010 NT Lifesaving Championships will be hosted by the Darwin SLSC at Casuarina Beach as follows:

Saturday 14th August 2010 (Tides 8:47am 7.52m; 3:15pm 0.70m)

Time	Clubrooms	Beach/Water
7.30 am	Marshalling – IRB Champs	
8.00 am		IRB Mass Rescue
9.00 am		IRB Tube Rescue
10.15 am	Marshalling – First Aid Champs	
10.30 am		First Aid Scenarios

Sunday 15th August 2010 (Tides 9:14am 7.16m; 3:55pm 0.87m)

Time	Clubrooms	Beach/Water
7.30 am	Marshalling – Patrol Champs Ballot for positions	
7.45 am	Theory Paper (all)	
8.15 am		Surf Teams Race (all)
8.45 am	Resuscitation Tasks (Team members 1, 2 & 3)	Board/Tube Rescue Relay (Team members 4, 5 & 6)
10.00 am	Isolation for teams not in scenario	Patrol Scenarios (all members, 1 team at a time)
12.30 pm	Lunch & Medal Presentations	

SURFGUARD

Surf Life Saving NT will access SurfGuard to provide assurance of a competitor's eligibility for the Championships and will specifically check that members entered in the Championships are registered, qualified and proficient and have accrued patrol hours as required. Competitors will not be permitted to compete at these Championships if SurfGuard does not confirm eligibility.

PATROL HOUR REQUIREMENTS

Patrol Hour requirements are valid for the period 1st August 2009 – 31st July 2010.

Active Members	16 hours or more
Reserve Active Members	8 hours or more
Long Service & Life Members	Exempt

New Members, or newly qualified members gaining their Surf Rescue Certificate or Bronze Medallion/Certificate II in Public Safety this season, must have completed a minimum of 4 patrol hours for each calendar month they have held the award. No member may enter the Championships with less than 4 hours patrol duty.

ENTRY CONDITIONS

All members entered in the SLSNT Surf Life Saving Championships must be:

1. Registered on SurfGuard as financial members of their club
2. Meet SLSNT proficiency requirements for the senior award/age groups and the relevant skills assessments for junior age groups.



PATROL COMPETITION - SUMMARY

This is a summary of the Patrol Competition. Teams should consult the SLSA Surf Sports Manual 33rd Edn, for event details.

The four main components of this competition are:

1. **Physical Skills:**
 - a. Surf Teams Race
 - b. Board/Tube Rescue Relay
2. **Theory Paper:**
 - a. 20 multiple choice questions from SLSA Training Manual 33rd Edn.
3. **Resuscitation:**
 - a. Live Patient Assessment
 - b. Manikin Resuscitation including Oxygen Resuscitation.
4. **Scenario Task.**

A Patrol Team is 6 members. Each member must hold

- a current SLSA Bronze Medallion/Certificate II in Public Safety; and
- a current ARC or ART award.

At least one team member must hold a current Silver Medallion IRB Driver award. At least one other member must hold a current Silver Medallion IRB Driver or a current IRB Crew Certificate award.

At the commencement of the competition team members shall draw for positions 1-6 as follows:

1. EAR Operator
2. ECC Operator
3. Air Bag Resuscitation Operator
4. Patient Swimmer (Board Tube Relay)
5. Tube Swimmer (Board Tube Relay)
6. Board Rescuer (Board Tube Relay)

After the ballot the following roles are assigned:

- All team members contest the Theory Paper, Scenario and Surf Teams Race.
- Team members 1 & 2 contest the Live Patient Assessment.
- Team members 1, 2 & 3 contest the Manikin Resuscitation Assessment.
- Team members 4, 5 & 6 contest the Board/Tube Rescue Relay.

Teams must supply their own First Aid Kit, Oxygen Resuscitator, Swim Fins and Rescue/Competition Board. Teams from outside Darwin should liaise with SLSNT and/or the Darwin and Mindil Beach SLSCs if loan equipment is required.

Swim fins (max length 65cm) are permitted in the Board Tube Rescue Relay by the Tube Swimmer only.

Competition Uniform - Club competition caps, club bathers and Patrol Uniforms must be worn.

FIRST AID COMPETITION - SUMMARY



This is a summary of the First Aid Competition. Teams should consult the SLSA Surf Sports Manual 33rd Edition, for event details.

The main component of this competition is a simulated accident scenario. The scenario judging includes:

1. Approach, examination, diagnosis, and treatment of patient(s).
2. Management of the incident (may be more than one patient).
3. First Aid Kits.

A First Aid team is 2 members. Each member must hold a current SLSA Bronze Medallion/Certificate II in Public Safety.

Club competition caps must be worn. Uniform can be club uniform or patrol uniform. Swimming costumes are not essential. Footwear is optional (beware hot sand!)

IRB COMPETITION - SUMMARY

This is a summary of the IRB Competition. Teams should consult the SLSA Surf Sports Manual 33rd Edition, for event details.

The IRB competition consists of two events:

1. IRB Tube Rescue.
2. IRB Mass Rescue.

All IRB Drivers must hold a current Silver Medallion IRB Driver award. All IRB Crew must hold a current Silver Medallion IRB Driver or a current IRB Crew Certificate award.

All Patients must hold a current SLSA Bronze Medallion/Certificate II in Public Safety and be 16 years of age or older.

Club competition caps and club bathers must be worn. Club rash shirts permitted. Patrol uniform not permitted.

Unsafe driving will result in disqualification.

The Mindil Beach and Darwin SLSCs have offered to provide hulls and motors. SLSNT will reimburse for fuel and any reasonable damage or repair.

ENTRY FEES

No entry fees apply to the Lifesaving events.

CLOSE OF ENTRIES

Lifesaving Championships: **Friday 6th August 2010 at 5.00 pm.**

Substitution of competitors is permitted after close of entries provided team is entered.

AUSTRALIAN CHAMPIONSHIPS 2011

The Open Patrol competition and the Open First Aid competition are limited events at the Australian Championships. The NT team with the highest placing in these two events shall have the first right to contest these events at the Australian Championships, Kurrawa, 5-10

SURF LIFE SAVING NORTHERN TERRITORY Inc.

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April, 2011. If this right is refused on or before 1 November 2010 it will be offered to the next best-placed team and announced at the SLSNT Annual Presentation Night.

ON-LINE ENTRY

Competitor Age: To provide the most relevant level of competition, and the best preparation for national competition, the competitor's age is determined as on the 30th September 2010.

Example 1: Walpinda is 16 years old on 30 September 2010. Walpinda is an U17 member.

Example 2: Peter is 19 years old on 30 September 2010. Peter is not eligible to compete in U19 events. He can compete in Open events.

The determination of age categories can cause qualification difficulties for some age groups and SLSNT should be contacted where exceptional circumstances exist. The final decision will be made by the SLSNT Director of Competition.

MEDALS AND TROPHIES

Medals will be awarded to the first 3 places in each event.

PRESENTATIONS

Sunday 15th August, 12.30 pm at Darwin SLSC.

POLICIES & RULES

All events will be conducted in accordance with the SLSA Surf Sports Manual, SLSA policies and relevant SLSA Bulletins.

FURTHER INFORMATION

Please contact Tony Snelling, SLSNT Chief Executive Officer, on (08) 8985 6588 or email surf@lifesavingnt.com.au